

Program Leadership ...

This program is a collaborative program of the Maine coastal Program, which funds and provides administrative support, and the Damariscotta River Association, which hosts and coordinates the program.



Sarah Gladu, Education Coordinator for the Damariscotta River Association, has worked in Environmental Education for more than 16 years. She says, "Each year the Stewards are a cohort of individuals that collectively grow through this educational program and make a phenomenal contribution to midcoast communities through their service."



Theresa Torrent-Ellis, Senior Planner with the Maine Coastal Program has been implementing and facilitating citizen stewards

programs for the past ten years in Penobscot Bay and Midcoast Maine. She founded Midcoast Stewards in 2001 in response to a very enthusiastic demand by area residents for their own regional program. "In the subsequent seven years the Midcoast Stewards has evolved into a very impressive collaboration that effectively enhances coastal resource stewardship through community action".

Apply...

FMI or to request an application (can also be downloaded from web site), contact:

Sarah Gladu, Education Coordinator
Damariscotta River Association
P.O. Box 333, Damariscotta ME 04543
207-563-1393 / dra@draclt.org
web site: www.maine.gov/spo/coastal/projects/coastalstewardsprogram.htm

Midcoast Stewards
c/o Maine Coastal Program
38 State House Station
Augusta, ME 04333-0038

Midcoast Stewards



... fostering stewardship

of Maine's
coastal resources

People have been attracted to midcoast Maine for generations. They are drawn by its beauty and abundant natural resources. Some come to visit; others to stay. They are artists and accountants, doctors and deck-hands, fishermen and farmers.

While midcoast Maine has maintained its beauty and natural resources over centuries of settlement, it is not immune from development and environmental pressures. Like other ecologically valuable regions, midcoast Maine needs good stewards - people who will take good care of it and inspire others to do the same.

Program Goals ...

- To provide area residents with information concerning the cultural and natural resources of midcoast Maine.
- To provide participants the opportunity to access information that will facilitate individual actions to protect and conserve their coastal environment.
- To give residents a voice in the decision making that shapes the future of their coastal communities.
- To create a network of educated and committed volunteers working together to conserve and protect the natural and cultural resources of midcoast Maine.



Highlights ...

- learn from and discuss a wide variety of issues with local conservation professionals
- meet area residents with an interest in the cultural and natural history of midcoast Maine
- discover a wide variety of volunteer opportunities through local conservation organizations
- participate in outdoor “in the field” discovery learning programs with professionals

Key Topics ...

The Midcoast Stewards course covers many different topics focusing on the cultural and natural history of the region.

Some topics include:

- beach evolution
- salmon restoration
- birdwatching
- intertidal zone life
- water quality monitoring
- sustainable resource use
- local Colonial and Wabanaki history



Education ...

The Midcoast Stewards program begins with a 60 hour course that meets three times a week for five weeks. Each day covers topics of natural or cultural interest presented by leading authorities from within Maine communities. Presentations vary from classroom discussions to field tours and projects.

..and Stewardship

Upon conclusion of the course, participants commit up to 30 hours of volunteer service to the protection of midcoast Maine’s natural and cultural resources. Past Stewards have helped create organizations. Others have helped in planning for their communities. Stewards can and do develop their own service projects or volunteer with existing programs.